

# IF YOU ARE ON CERTAIN MEDICATIONS, PLEASE READ PRIOR TO YOUR PROCEDURE

## DIABETIC PATIENTS:

- Monitor your blood sugar while prepping for your procedure
- Please make sure that you have drinks available that are “regular” (not diet or sugar free) in case you develop low blood sugar while you are prepping for your exam
- If you take a pill to lower your sugar, **do not take it** before you check in for your procedure
- If you take insulin, we will try to schedule your procedure in the early part of the day. **DO NOT TAKE Humulin, regular or NPH insulin before arrival on the day of your procedure.**
- If you have an insulin pump, continue on your basal rate on morning of your procedure. When eating again, you can resume bolus doses
- if you take any other insulin preparation such as Lantus, Humalog, or 70/30 insulin, then **you MUST CONTACT YOUR PRIMARY CARE PHYSICIAN FOR SPECIFIC INSTRUCTIONS.**

## HEART, BLOOD PRESSURE AND SEIZURE MEDICATIONS

If you take a medication for your heart, blood pressure or seizures, please take these medications on the morning of your procedure with a small sip of water, unless instructed otherwise by one of our staff or your primary care physician.

## BLOOD THINNERS:

If you take any of the following medications, let us know. You will be given specific instructions based on the procedure you will be having. Please do not stop them until you have clearance from your physician. We may require clearance from your PCP or Cardiologist to stop one of these medications, which may delay your procedure.

Aggrenox (aspirin/dipyridamole)  
Arixtra  
Brilliant (ticagrelor)  
Coumadin (warfarin)  
Effient (prasugrel)

Eliquis (apixaban)  
Heparin  
Lovenox  
Miradon (anisndione)  
Plavix (clopidogrel)

Pletal (cilostazol)  
Pradaxa (dabigatran)  
Savaysa  
Ticlid (ticlopidine HCL)  
Xarelto

## WEIGHT LOSS MEDICATION:

STOP all weight loss medication two weeks before your procedure.

